



Local 101 Plumbers & Pipefitters Annual Health Fair

Saturday, October 21st, 7:30am-11am

Local 101 Plumbers & Pipefitters Hall – 8 Premier Dr., Belleville, IL 62220

We care about your good health!

The Fund will pay the **Full Cost** of all Health Screenings & Vaccinations for its' Members, Retirees and Spouses who are Fund Participants!!

Non-Fund Participants (non-covered retirees) may participate at their own expense, with payment due to the "Local 101 Plumbers & Pipefitters Health & Welfare Fund" on the day of service.

Services available for Free to all who attend:

- Chair Massage
- Blood Pressure Screenings

Additional Services (FREE to Members, Retirees & Spouses who are Fund Participants)

***Appointments are REQUIRED for each of the following (no later than Oct 13th):**

- **Comprehensive Blood Screening** - Recommended annually.
Includes 50 blood test results, including: Diabetes, Liver & Kidney Function, Cholesterol, Diabetes, Anemia, Complete Blood Count, PSA (Prostate Specific Antigen test for Males 40+), plus many more.
NonFund Participant Fee: \$140 (\$160 if male 40+)
- **Seasonal Flu Shot** - Recommended annually. Covers all 4 major strains of flu.
NonFund Participant Fee: \$30 (\$35 if nursing or pregnant)
- **T-dap Vaccination** *Recommended every 10 years. Covers Tetanus, Diphtheria, & Pertussis (Whooping Cough).
NonFund Participant Fee: \$70
- **Pneumonia Vaccination (Pnuemovax)+** * Recommended for adults 65 or older. This is not the Prevnar 13 pneumonia shot.
NonFund Participant Fee: \$135
- **Shingles Vaccination+** *Generally recommended for individuals 65+. Only available for Free at this year's health fair event (the Health & Welfare Fund will not cover the cost of this vaccination at any other location).
NonFund Participant Fee: \$300

+ IMPORTANT: If you reserve the Pneumonia or Shingle Vaccine and do not show up for it, you will be required to reimburse the Health & Welfare Fund for the full cost of the shot -\$135 or \$300! In addition, a nurse from H&H will be contacting you prior to the Health Fair Event to confirm that you meet all of the requirements needed to receive the Shingles Vaccine.

To schedule an Appointment, you MUST call H&H Health Associates (M-F, 8:30am-5pm CST) at 800.832.8302.

FASTING INSTRUCTIONS (OPTIONAL) FOR THE BLOOD SCREENING... No food for 10 hours. NO alcohol for 24 hours. Drink plenty of liquids - water, diet soda, black coffee (no sugar/cream, but artificial sweeteners OK). Take all routine Rx. If insulin dependent, follow your doctor's fasting guidelines. Again, fasting is optional!

Confidential Testing

All screening results are kept strictly confidential & HIPAA compliant. No individually identifiable results are shared with anyone other than the participant, unless the participant specifically provides consent to do so.

Comprehensive Screenings

The tests offered to you are far beyond any typical blood testing available through your physician.

Proactive Health Management

The United States Department of Labor estimates that 35% of all employees have an undiagnosed chronic condition.

Cost Containment

With ever increasing health premiums, early detection helps keep spending in check.

Reporting

Two copies of your blood test results will be mailed to your home within 3 weeks of the draw. If immediate attention is deemed appropriate, you will receive a phone call within approximately 72 hours from when H&H receives results from the lab. Always share a copy of your results with your doctor(s).




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